

When will the first results be visible?

The majority of patients observe increased skin tone even after the first treatment. You may also notice that your pigmentation marks have faded after one single treatment, though two may be necessary to see these effects. Your doctor will work out the best program for treating deeper wrinkles. As the laser stimulates the production of collagen you will notice a progressive improvement of your skin for at least six months after your last treatment.

Can I repeat the treatments?

There are no contraindications against repeating the treatment program with DOT therapy. In a few years time, with just a minimum time investment, you will still be able to retreat the same area for any ageing that has occurred.



Before



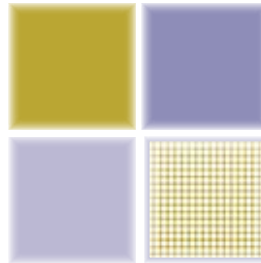
After



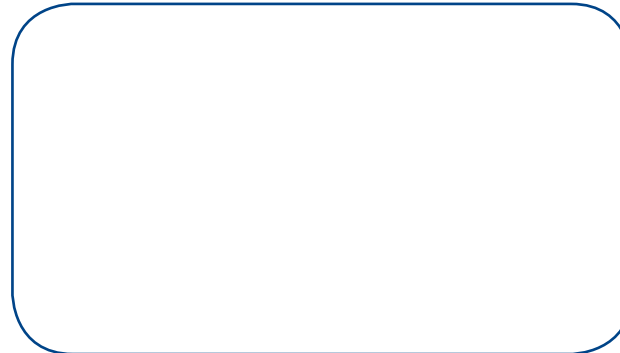
Springs of Well-being

www.dottherapy.com.au

SmartXIDE²



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DOT
THERAPY

1 hour of your time can
take **years** off your appearance!

SmartXIDE²

**Fast-Recovery
Fractional Laser & RF
For Skin Resurfacing
& Wrinkle Reduction**

Minimal Downtime Skin Rejuvenation - Even Better With Smartxide2



Skin resurfacing and wrinkle reduction treatments are now even better. It just takes a little of your time to look years younger.

Reduce the appearance of wrinkles with minimum downtime, treat small and large acne scars, or pigmentation marks on areas such as your hands, face and neck. The SmartXide2 RF DOT therapy fractional laser features unique European-designed technology that simultaneously delivers laser and radio frequency therapy (RF). The addition of RF therapy assists tightening and reduces the recovery time after treatment.

The DOT Therapy system uses a fractional laser that delivers dots of laser energy on a pre-set network of points, thus avoiding the need to remove the entire skin surface. Skin redness following the treatment only lasts a few days, not months like before, and it can be masked with cosmetics immediately.

Who is suitable for the DOT therapy treatment?

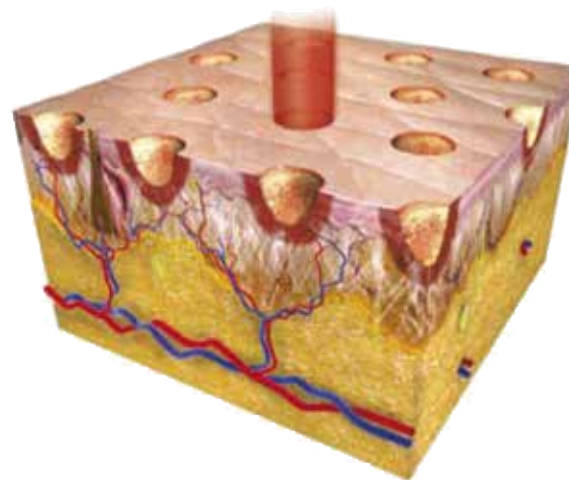
The DOT therapy treatment is suitable for almost everyone and all skin-types, however special care is required for those who tan frequently.

How does DOT Therapy work?

DOT Therapy reduces downtime associated with traditional laser skin resurfacing from weeks to days. DOT therapy uses hundreds of tiny pillars of laser energy to penetrate the skin and stimulate the body's natural collagen

production, which results in smoothing the appearance of fine lines and wrinkles, scarring and other skin irregularities.

Over a course of treatments you receive the benefits of an ablative resurfacing procedure but the skin can recover at a faster rate and with less discomfort or downtime.



What precautions are necessary after the treatment?

Thanks to DOT Therapy fractional technology, post-treatment redness only lasts a few days and can be easily covered with cosmetics. The only precaution recommended is to use a suitable sunscreen for a period of time after the treatment.

How many treatments are necessary?

Initial results will be visible even after the first session. The total number of treatments required will depend on the initial condition of

your skin, the end result you desire and how much downtime you can afford. This is discussed during the consultation with your Doctor.

How long does the treatment last?

About half an hour.

Does it hurt? Will I need an anaesthetic?

Typically there is no need for an injection or sedation during a DOT Therapy treatment. In most cases an anaesthetic cream prior to the treatment is all that is needed. The only sensation you can expect is a slight "stinging" that only lasts a fraction of a second.

Compared to traditional resurfacing treatments the DOT method now enables a significant reduction of after-treatment discomfort. It is effective and can be used for every part of your face, neck and hands, even with the finest, most delicate skin-types.

Are there any unpleasant side effects after the treatment?

You may experience a sensation similar to what you feel after your first day in the sun on the beach, as well as redness for a few days. Your doctor will recommend the right creams to use to ensure your skin is moisturised.

Are the results permanent?

All the changes in your skin obtained with DOT therapy are permanent. Nevertheless, the beneficial effects will gradually diminish with the natural ageing process. Remember that smoking, alcohol, excessive exposure to the sun and poor eating habits all accelerate the ageing process.