

Excel V Laser

What to expect:

- A generalised redness and or swelling with a 'bug-bite' appearance is common post procedure which typically resolves within 1-3 days.
- If pigmented or raised lesions were targeted during your treatment, they will turn darker in 24-48 hours. Do not pick these treated areas and keep them clean, they will exfoliate themselves. Please cleanse and moisturise the area gently avoid the sun/ tanning beds and apply SPF daily. If hydrocortisone cream has been prescribed by your doctor, please apply a small amount to the treated areas sparingly, once the area has flaked off nightly for 2 weeks.

Post-care Instructions

- Avoid the sun/tanning beds. UV exposure may increase the risk of side effects and adverse events.
- Use a cold face towel to cool the treatment area if required. Avoid ice packs use directly on the skin surface.
- Avoid excessive heat for 2days (hottubs/ sauna)
- Avoid skin irritants for 2days (e.g. products containing tretinoin, retinol, steroids, benzoylperoxide, glycolic/salicylic acids, astringents)
- If any blisters/ wounds or signs of infection develop e.g. pain, heat or surrounding redness please call the clinic on 0413000228